Unitarians Promoting Equality

**Order of Service**

**Concentration Aid**

At times we can all find it hard to concentrate.

Some of us can only do so when we are engaged in a physical activity. It’s just who we are.

By colouring this page, I’m able to focus on what is being said and reflect upon the key messages offered by the service leader. I’m included and feel supported by an accepting community. I love that! It’s why I come here week after week and consider it a home from home.

Thanks for your understanding and I look forward to hearing your news over coffee.



**Reflective Space**

I love Sunday services. They expose me to knowledge and wisdom which nourishes and sustains me.

Occasionally they spark questions and generate ideas which require greater thought and reflection.

To help me organise and process my thoughts, I record them in the space below. It means I don’t forget them and can revisit them later. It also means I can enjoy the rest of the service without having to try and remember multiple thoughts at once. Phew!

Thanks for your understanding and I look forward to comparing notes over coffee.

**Notices from The Youth Officer**

**Dates for the Diary**

Junior Weekend: 1st—3rd March 2019 @ Nightingale Centre

Inter Weekend: 15th—17th March 2019 @ Nightingale Centre

Senior Weekend: 15th—17th March 2019 @ Nightingale Centre

Annual Meetings: 16th—18th April 2019 @ B’ham Hilton Metropole Hotel

Five Days Away: 5th—9th August 2019 @ Nightingale Centre

Unifest: 25th—28th October 2019 @ Nightingale Centre

To book visit: https://www.unitarian.org.uk/pages/youth-programme

**Congregation Notices**